

Welcome to:

Tör &
Attunda
Junior
Kupp
2019

Stockholm Taïdo association invites kids and leaders to a competition
and camp!

Date 29/11 - 1/12 2019

Price: 750 SEK

What is included?

In addition to a fun competition you get a:

A camp

Lunch, dinner and snacks.

Fun games and activities.

A cool t-shirt.

What about the competition?

We will meet up at **IK Södra Judos dojo at 9:30am on saturday 30/11 2019**. The competition starts at 10:00am.

Address: Skarpnäcks gårdsväg 10, 128 31 Skarpnäck

On sunday 1/12 2019 we will start at 10:00am and finish approximately at 14:00pm

The events will be arranged in the following classes,

D: 6-8 years

C: 9-11 years

B: 12-14 years

Grade criteria may occur.

What are this years events?

Tengi Rengi

Class D-B

A rengi (series) of 3-5 techniques that only consists of acrobatic movements. The assesment will be made on technique, flow, creativity, difficulty and amount of techniques.

Team Hokei Flex

Class D-B

Approved hokei are In-/Tai hokei, own hokei, Unsuko Happo and Taisosa. The team must consist of 2-5 people. The assessment will be made on synchronisation, amount of team members, technique and tempo.

Jissen

Class D-C

Jissen in a mixed class with focus on kamae, unsuko, hit placement and control. Participants in class D will be assessed individually and scored by the judges on their performance in relation to their grade. The participant with the highest score at the end of the event wins. Participants in class C will be judged the traditional way.

Impovisation Snowball

Class C-B

The competitors will be paired together at the day of the competition and will then get 10 min to prepare a show fight consisting of approximately 8 techniques each. One unsuko may be counted as ½ technique. The assessment will be made on creativity, flow, tempo, teamwork and technique.

Sudden Death Jissen

Class B, >6 mon (equivalent of having trained at least 3,5 years with a new grade every term)

A Jissen event in which the first valid hit wins the match. Criteria for a valid hit are the same as in regular Jissen, that is unsuko with a change of angle, correct taido technique, landing a hit a appropriate area, kiai and gentai fuki (return). One match will go on for max 1,5 minutes.

Passivity and control will be judged strictly in this event.

All participants in all events will be judged according to their grade and the expected knowledge in relation to that grade.

How do I apply for the competition?

Your application is submitted through the Google Sheets form linked below. We propose that a leader from the association takes responsibility for gathering information from all who want to participate and submits it in one go.

<https://docs.google.com/spreadsheets/d/1HMzgJXoSkTb7l---G4J6lzFTNSp8GQaXZwZNfzUHR/ow/edit?usp=sharing>

Last day for applying is the 31/10 2019. Late applications submitted 1/11 2019 or later will not include a t-shirt.

Who do I contact if I've got questions?

Hannah Kanjah

Phone number: +4670 787 97 46

E-mail address: staf.tajk@gmail.com

Friends and family are very welcome to watch and cheer during the competition!

And last but not least, what is Tör and Attunda?

Come and you'll see ;)

Welcome!

With kind regards,
Stockholm Taido association