

Angles and Target Areas for Kicks

Taido Hon'in

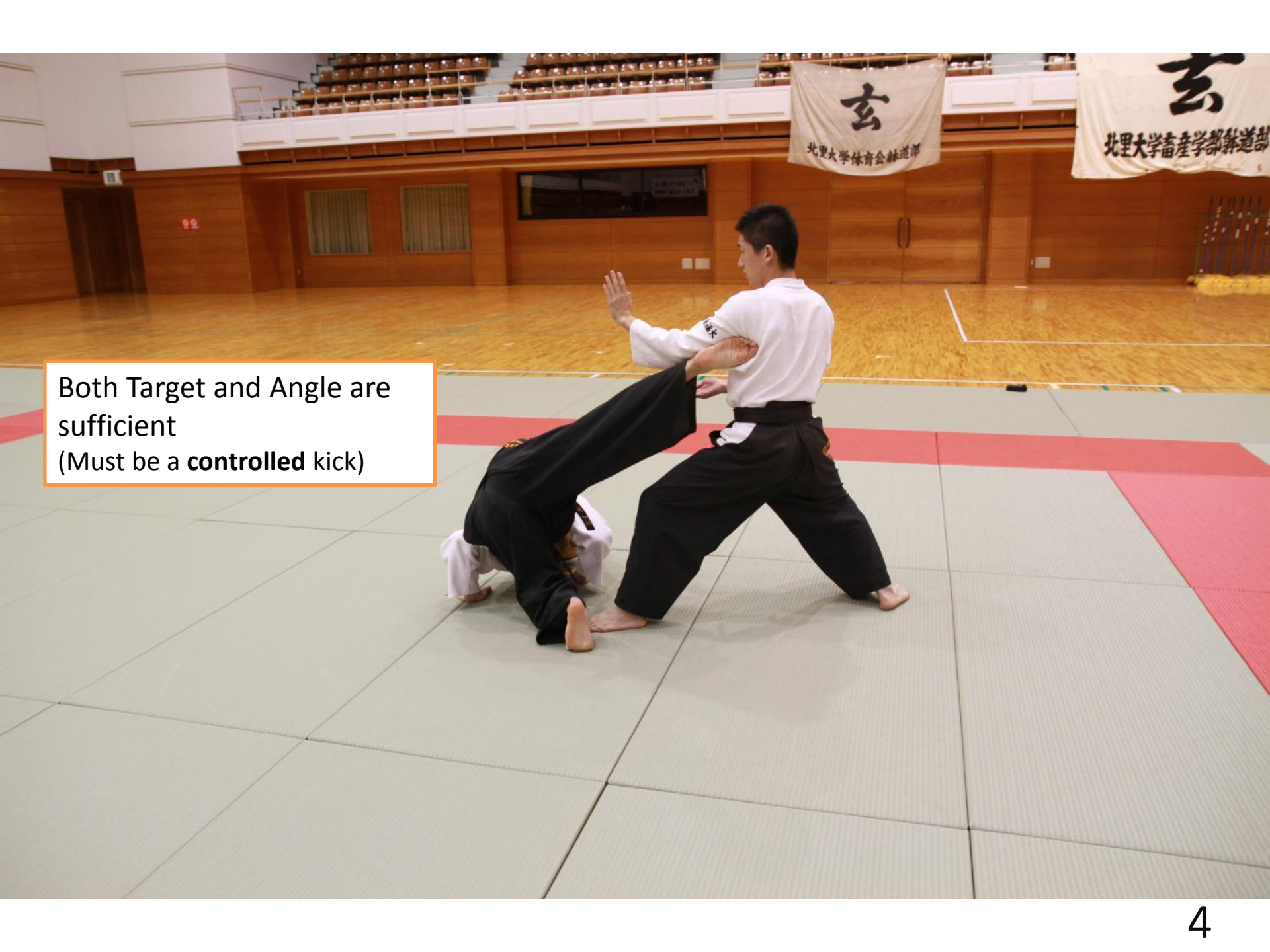
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When one leg is on the ground

General rule:
Horizontal Angle or Higher



Both Target and Angle are sufficient
(Must be a **controlled** kick)



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The Target area is OK, but the angle is too low.

(However, depending on the RISK of the situation, it could be judged as invalid or *Keri kakudo Chui*. If there is no danger and the kick is controlled (leg being pulled back) a point can be given. In that case the value of the point will be degraded one or two steps due to low angle, e.g., Waza-ari becomes Yuuko.



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Same as previous slide, but the view angle is lower thus the angle of the kick looks differently. It is important to take into account the position of the referees.






Target: OK, Angle: Too low
Judgment: "Keri kakudo – Chui"

Angle: sufficient

Target: insufficient (upper body angle – target)

If the situation is seen as dangerous: *Chui*




A photograph of two martial artists in a dojo. One person, wearing a white gi, is in a low, crawling-like position on a grey mat, with their right arm extended forward and their left hand on their hip. The other person, wearing a black gi, is positioned behind them, with their right leg bent and foot near the first person's head, and their left leg bent and foot near the first person's back. The background shows a large hall with wooden floors, bleachers, and a banner with a Japanese character.

Angle: sufficient

Target: insufficient (upper body angle – target)

If the situation is seen as dangerous: *Chui*

A photograph of two men in a judo dojo. One man, wearing a white gi and a black protective vest, is on the ground in a crawling position. The other man, also in a white gi, is leaning over him, performing a Chui (headbutt) technique. The background shows the wooden walls and tiered seating of the dojo.

Angle: sufficient

Target: insufficient (upper body angle – target)

If the situation is seen as dangerous: *Chui*

Angle: sufficient

Target: insufficient (upper body angle – target)

If the situation is seen as dangerous: *Chui*



Hien (Jumping) [*Untai*] kick

The condition of the receiver
(The angle of the upper body and the
height of the waist)



Target: Sufficient
If danger is seen (not pulling back the leg, etc.) : Chui



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Target: Sufficient

If danger is seen (not pulling back the leg, etc.) : Chui



Target: Insufficient

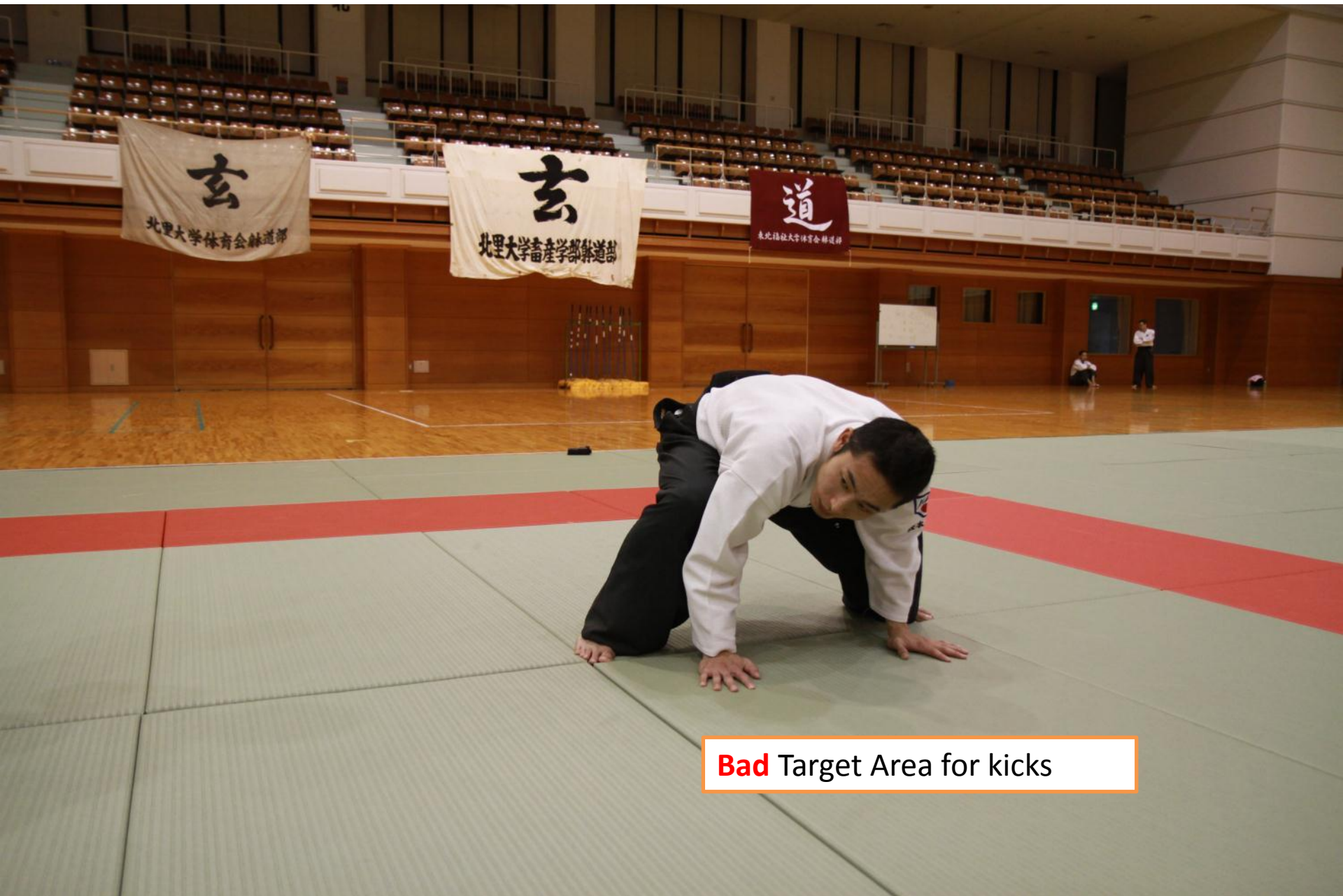
No point (*Mokuhyo fujubun*) / If danger is seen (not pulling back the leg, etc.) : *Chui*



Vertical dropping on the
opponent / kicking is forbidden:
Chui

The Condition of the Target (Target Area)

The height of the waist and the Angle
of the upper body
(In the Situations of Kicks)





Bad Target Area for kicks




Allowed target area (sufficient height of the waist)
(Jumping kick or kick with sufficient angle)



Bad Target Area for kicks



Bad Target Area for kicks

A person in a white martial arts gi is performing a low crouch on a tatami mat. They are barefoot and have their hands on the floor, with their head bowed. The background shows a wooden floor and banners with Japanese characters.

Allowed target area (sufficient height
of the waist)
(Jumping kick or kick with sufficient angle)

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